



The C. G. Jung Society of Queensland

Newsletter

January – March 2015, No. 82

President's Letter Collective Movements

JE SUIS CHARLIE?

Dear Friends,

In the last few years, aided by reliable mobile communication systems and social media we have seen enormous public demonstrations throughout the world, indicating movements in the collective. The recent march in Paris drew an estimated crowd of 1.5 million with a further 2 million in regional France, as well as countless others worldwide. In response to the killing that took place in Paris, in particular, of the 12 staff members of the radical paper: Charlie Hebdo, huge numbers chose to express the meaning of the event as 'I am Charlie.' What are we to make of this?

We can say that "Je suis Charlie" is a symbol, something as yet unknown *"that it states or signifies something more and other than itself which eludes our present knowledge."* CW 6: 817 For Jung whether something is a sign or a symbol depended on the attitude of the observing consciousness.

The statement "I am" claims a shared identity.....I am 'one with Charlie.' As I listened to those interviewed in the crowds, it came across that 'for them' it was a statement of solidarity on 'freedom,' especially the 'Enlightenment' value of 'freedom of self expression: ' the right to think and express one's own thoughts. It brought to mind the words of Enlightenment philosopher: Descartes "Cogito ergo sum. (I think therefore I am.)" The French have a long history of radical scepticism and provocation of those who hold pre- revolution values. The Charlie Hebdo publication was clearly within this tradition. However the French comedian Dieudonne M'bala was arrested on the charge of "condoning terrorism" after he posted on his Facebook page, the comment, "I feel like Charlie Coulibaly." (The so called 'third terrorist.) The authorities did not find his brand of 'radical irony' thought provoking or funny.

Jung sometimes referred to the 'Enlightenment' as a disaster – a disaster for psyche. He thought the gathering of light around a supremely powerful consciousness caused a psychic split and relegated psyche to the darkest shadows. Jung was part of the 'Romantic' movement which followed the 'Enlightenment' and sought to bring recognition of 'the other': nature, the feminine, emotion, chaos, the non –rational. Romanticism sought to do what the 'Enlightenment' could not do: recognise 'the other' as a psychic projection of itself.

In the conscious psychic space of "I am" we are deep within the paradoxes of 'self and other' which Jung's radical work with 'the shadow' opened up for us. Confronted with the horror of what happened in France it is seductively comforting to move into a polarised position, separating ourselves from the violence. Jung's work challenges us to hold the opposites: if I am Charlie, then I am also, terrorist. From this extremely uncomfortable position we may be in a position to consider the conditions that connect us personally to these horrors.

The great Zen Master: Thich Naht Hanh wrote the following poem after he heard the heartbreaking story of the rape and death of a 12 year old refugee. I leave you with his courageous and shattering words.

Marie Makinson (President)

Please Call Me By My True Names

Do not say that I'll depart tomorrow
Because even today I still arrive.

Look deeply: I arrive in every second
to be a bud on a spring branch,
to be a tiny bird, with wings still fragile,
learning to sing in my new nest,
to be a caterpillar in the heart of a flower,
to be a jewel hiding in a stone.

I still arrive, in order to laugh and to cry,
in order to fear and to hope.
the rhythm of my heart is the birth and
death of all that are alive.

I am the mayfly metamorphosing on the surface of the river,
and I am the bird which, when spring comes, arrives in time
to eat the mayfly.

I am the frog swimming happily in the clear pond,
and I am also the grass- snake who
approaching in silence, feeds itself on the frog.

I am the child in Uganda, all skin and bones,
my legs as thin as bamboo sticks,
and I am the arms merchant ,
selling deadly weapons to Uganda.

I am the twelve-year old girl refugee on a small boat,
who throws herself into the ocean
after being raped by a sea pirate,
and I am the sea pirate,
my heart not yet capable of seeing and loving.

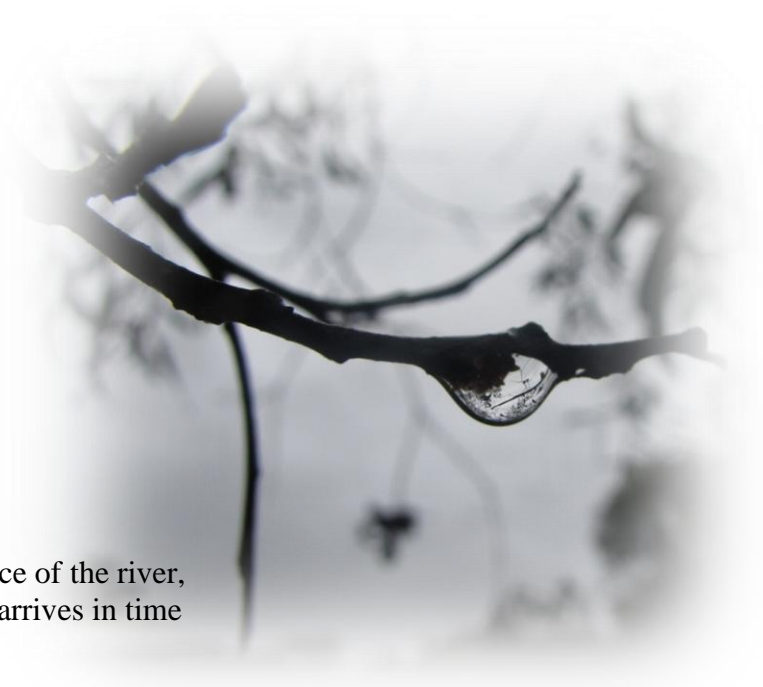
I am a member of the politburo, with plenty of power in my hands,
and I am the man who has to pay his "debt of blood"
to my people dying slowly in a forced labour camp.

My joy is like spring, so warm it makes flowers bloom
in all walks of life.
My pain is like a river of tears, so full it fills the four oceans.

Please call me by my true names,
so I can hear all my cries and laughs at once,
so I can see my joy and pain are one.

Please call me by my true names,
so I can wake up,
and so the door of my heart can be left open,
the door of compassion..

Thich Nhat Hahn : Call Me ByMy True Names (Parallax Press, Berkeley, 1993)



Adaptation of an image by Anthea Watson

Caring for the Soul

With gratitude for the dedication of Anne Di Lauro

After 15 years of dedicated service to the CG Jung Society of Queensland, Anne Di Lauro is retiring from the committee. What will we do without her? Anne has been one of the key figures in shaping the society since joining the committee in 2000. Her first position was the newly created role of Publicity Officer. The following year included Workshop Co-ordinator and after that Newsletter Editor; no doubt bringing many of the previous responsibilities with her and, encompassing Membership Secretary a year later. Anne finally became the President of the society from 2007 till 2010. In this role the scholarship and cultural sensitivity Anne had developed through her study, work and experience of living in different parts of the world added a new level of depth and refinement to the society. Anne's final role for the last four years has been 'Treasurer' and holding whatever was needed by less experienced others. Her long history of mixing in Jungian circles and her own therapeutic practice aided a determination to widen the scope of Jungian contacts for our society ensuring that the program remained of a high standard. Anne encountered Jung via Von Franz's book on Fairytales while living in Geneva in the 1970's. Reading Jung was then a thread held through the subsequent years in the US, Italy and France before settling in Montreal in the mid 1990's. There she became involved in the vibrant Jungian societies (both English and French!) fed by analysts from both Canada and the US. It was here that Anne encountered Robert Bosnak and his unique approach to dream work: Embodied Imagination. Soon after returning to Australia Anne sought out 'Queensland Jung Society' and also became a member of the online Cyberdreamwork community run by Robert Bosnak and his colleague Jill Fischer. She was joined by others from the committee confirming Bosnak's work as an underlying strand in the life of the society. Anne completed a three year on-line training course in Embodied Imagination which included intensives in exotic places such as the edge of the Kilauea volcano in Hawaii and a Buddhist monastery in China. Her thesis for her Master of Counselling degree at QUT was a phenomenological study of three sessions using Embodied Imagination conducted by Robert Bosnak. This deep creative process is an important part of her clinical work. Anne has personally contributed to the society's program by giving many captivating and memorable presentations, most recently she was a contributor to 'the Hillman series' in 2013 and 'the Alchemy series' in 2014. A perusal of our newsletter archives will reveal just how much she has contributed over the years on really interesting topics. Anne's capacity to combine research and scholarship with imagination, heart and soul is also evidenced in her published work, an example: 'A Dream of Water' featured in our last newsletter. I am glad to tell you that despite her resignation Anne fully intends to participate in the life of our society and we can expect another fascinating talk from her later this year.



Anne, thank you so much for all the countless hours of dedicated service. Your generosity is extended with such a light and modest touch to all of us who are interested in Psyche. You are a delight and a true 'Carer of the Soul.' We hope your burden will be lighter and that you will be freer to follow new threads and deepen old ones. We look forward to your company and now you are released, some space to talk at meetings in the future. With thanks from all of us, Marie Makinson

Conversations with oneself - with others

A presentation by Community Artist: Cate McCarthy

Thurs February 5 2015 7.20-9.30pm

Quaker House, 10 Hampson Street, Kelvin Grove, Park on Prospect Terrace

Members and Concession: \$10, Non-members \$15

"Working with communities is not about art, it is about process, inclusion, tapping into the imagination and developing a visual language. Observing the process is one way of slowing things down. It allows for the small parts to be acknowledged and take their place, creating a framework to improvise in. It allows other forms of expression where all things can exist for those unable or unwilling to communicate in words."



Shadow Puppets: A Community Project

James Hillman describes this interior imagining as "Returning to the middle realm of fiction, of myth, which carries one into conversational familiarity with the *cosmos* one inhabits"

Much of the work I have done in the past 20 years has been as a community artist, developing and facilitating many varied Creative Art projects with marginalized people in Sydney and regional NSW and QLD.

One of these programs was facilitating an Art and Alzheimer's Program in partnership with ArtsOutWest and Bathurst Regional Gallery.. This program won the Regional Arts Award for innovation, as well as IMAGinE Award recognizing innovation and excellence in Galleries and Museums in NSW.

My own artwork in the past few years has been about identity. Further to this I am working on a Death and Life Series in painting and sculpture.



Cate McCarthy is a visual artist working across various mediums. Her recent work is mainly about place and connection, as a non indigenous person in Australia.

Currently her practice involves drawing and painting on paper and canvas with natural pigments, resins and other found material. There is also a 3D element in her work and sometimes an overlay of film and animation.

Cate has been a Community Artist for many years, artist in residence at festivals and conferences and has worked with marginalized groups. This ranges from work in prisons, with disabilities, mental health, youth, with indigenous people and in regional and remote areas.

As a musician she has toured and recorded with many Australian artists and currently sing and play guitar in the Bluegrass band and duo Fat Wombat.

In 2011 she wrote and directed a site specific performance work "On becoming a witch". This work was in collaboration with Local Stages Bathurst, Newcastle Uni and CSU and the local community and was staged in the high country of Yetholme NSW.

I wish to attend the workshop:

Developing a Visual Language

Saturday February 7: 9.30 – 4.40pm 2014-09-14

The Brisbane Theosophical Society, 355 Wickham Terrace, Spring Hill Qld 4000

Concession and Members: \$90, Non- members \$105 (includes materials)

Payment (please circle amount): \$90 (Member, concession) \$105 (Non-member)

Cheque: made out to the C.G. Jung Society of Queensland (enclosed)

Direct deposit: CG Jung Society of Qld; Commonwealth Bank

BSB: 06 4121 Account number: 10237966

Name:

Email:

Contact phone number.....

Important:

Please return to C.G. Jung Society of Qld, 74 Camp St. Toowong, Q 4066

Or Email: marie.makinson@bigpond.com to confirm payment and booking and for additional information

A workshop by Cate McCarthy

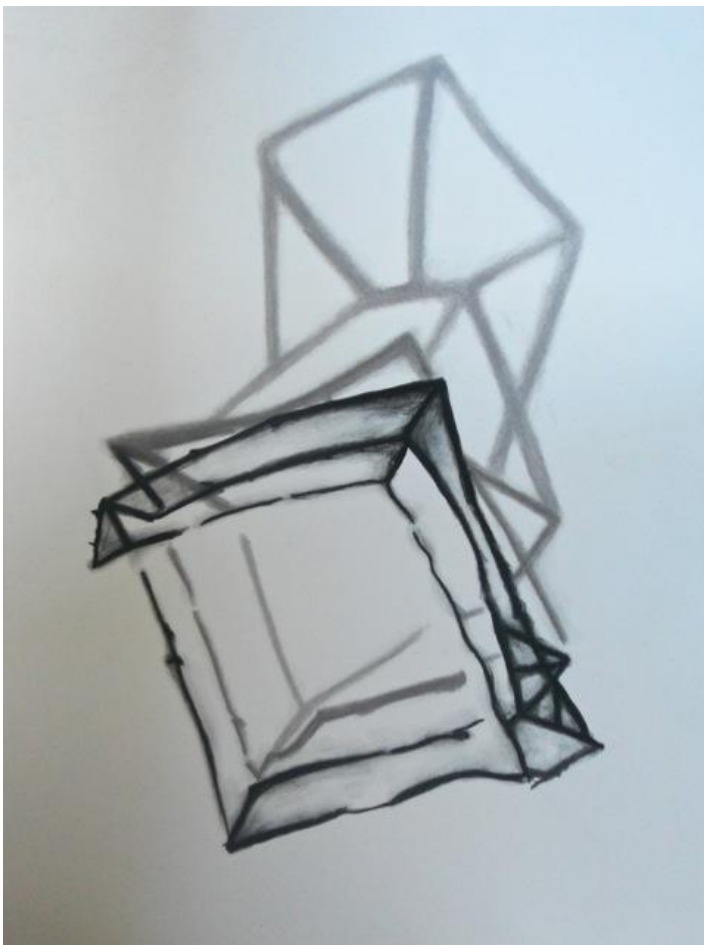
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Concession and Members: \$90, Non- members \$105 (includes materials)

“Drawing is about seeing and perception. For me, drawing is a deeply personal experience, expressed through mark making. Drawing is like going on holiday – nothing else exists. It is a wonderful way to respond to: places, people, dreams, experience and imagination.....a way to develop ideas, expand on them and diarize events. “

This workshop will be a safe place to play and discover your own vocabulary, share responses and delve into your own mark making methods.



In the morning we will experiment with different implements for drawing, as well as the use of surfaces and materials.

We will explore ‘seeing and perception’ to develop a personal visual language

In the afternoon we will expand on these developments, focusing deeply and responding visually to feelings and experiences.

The results of this work and teaching will become a foundation for your own continuing development.

No experience is necessary and all materials will be provided.

Cate McCarthy 2012 One foot in the Dark
Series3:5 Pastel and Charcoal on Arches
Paper 760x 400mm

Cate has a great wealth of experience as an artist and teacher. Please refer to the talk flyer for more information. The emphasis in this workshop will be on enjoyment and play. If you want to bring your own materials, book or paper please do so otherwise there will be plenty and varied supplies provided.

Also please bring lunch to share or if you prefer eating lunch out there are cafes and restaurants close by. The society will provide morning tea.

Attendance certificates will be given on the day; booking details are on page 5 of the newsletter.

Exploring Maleficent through a Jungian Lens A Presentation by Pam Blamey

Thurs March 5 2015 7:30 – 9:30 pm Quaker Meeting House,

10 Hampson St, Kelvin Grove - Park on Prospect Terrace)

Members and concession \$10, Non –members \$15

Disney's recent version of Sleeping Beauty from the perspective of the 'dark fairy' Maleficent, stunningly portrayed by Angelina Jolie caused many of us to think about our assumptions and attitudes towards fairytales. Pam: a lover of these ancient forms will lead us into a deeper exploration of the layers of this character.

Why do I love fairy tales? Let me count the ways. They are full of archetypal symbolism, metaphor and intuition. Fairy tales nourish the soul, the part of a person that wants to become consciously aware of themselves and others. I love the way fairy tales pop up in the wider culture like self-sown perennial flowers; they are part of the social environment, depicting in story form the highs and lows of the human condition. I love the irrationality of fairy tales – full of possibilities, not facts. Delving into them can uncover deeply buried instincts and shadow material in the psyche.



Illustration for the fairytale of Sleeping Beauty

Alexander Zick 1845-1907



After migrating to Australia 34 years ago Pam studied social science as a mature age student and became a counselor. She also trained as a Gestalt therapist. Pam's childhood love of fairytales was re-ignited several years ago when she discovered their therapeutic properties. This led her to develop and facilitate workshops, and more recently to launch a podcast blog:

www.frogonarockfairytales.com.au, and to seek further study, graduating as an art therapist in 2013. Pam has served on a variety of voluntary committees including the CG Jung Society of Queensland and is a founding member of the Australian Fairy Tale Society.

About the C.G. Jung Society of Queensland

The C.G. Jung Society of Queensland is committed to furthering awareness of and reflection upon the writings of the Swiss psychologist Carl Gustav Jung (1875-1961). The Society promotes an understanding of Jung's work through the exploration of its psychological and spiritual applications to the individual journey and interpersonal relationships, and by considering the ways in which Jung's writings and ideas can contribute to the healing of modern society.

The Society does this through offering monthly presentations, occasional workshops and small groups, all of which are open to both members and non-members. Monthly presentations are normally held at 7:30 pm on the first Thursday of each month, from February to December, at the Quaker Meeting House, 10 Hampson Street, Kelvin Grove. It is a beautiful venue with a quiet spiritual atmosphere in a forest setting, only a short ride from the city by bus. Parking inside the grounds is limited, but available on Prospect Terrace.

Established in 1982, the Society is a non-profit and non-professional association. The Society's events are attended by people of all ages and all walks of life.

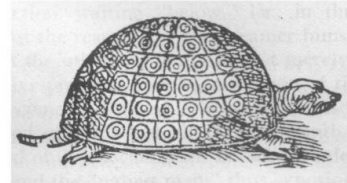
Members of the C.G. Jung Society of Queensland are entitled to:

- reduced admission fee to monthly presentations and workshops
- use of our library of Jungian books
- our quarterly newsletter
- advertising via e-mail of members' workshops (if they are relevant to the Jungian scope of

The Society) Annual membership fee (Jan-Dec): \$35

\$25 concession/student/pensioner

\$50 couples/family; \$12 (newsletter only)



Committee

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