

JUNGIAN TALKS and workshops for everyone

C. G. JUNG SOCIETY
OF QUEENSLAND
NEWSLETTER

About the C.G. Jung Society of Queensland

The C.G. Jung Society of Queensland is committed to furthering awareness of and reflection upon the writings of the psychologist Carl Gustav Jung (1875-1961). The Society promotes an understanding of Jung's work through the exploration of psychological and spiritual applications to the individual journey and interpersonal relationships. This also encompasses a consideration of the ways in which Jung's writings and ideas can contribute to the healing of modern society.

C.G. Jung Society of Queensland

President: Kerry Petherbridge

Secretary: Pam Blamey

Treasurer: Gail Godfrey

Committee Members: Diane & William Rockloff,

Lynette Fox

Librarian: Colin Weightman **Event Co-ordinator:** Peter Fisher

Established in 1982, the Society is a non-profit and non-professional association. The Society's events are attended by people of all ages and all walks of life.

Members of the C.G. Jung Society of Queensland are entitled to:

- reduced admission fee to monthly presentations and workshops
- •use of our library of Jungian books our semi-annual newsletter
 - dissemination of related material through our contacts.

Annual membership fee (Jan-Dec): \$35, \$25 concession/student/pension; \$50 couples/family; \$12 newsletter only (contact details on back page).

Letter from the President (Feb 2020)

Dear Friends,

Here we are in a new decade, a hundred years on from the zeitgeist of Jung's European and global world. And yet, his own ever-evolving spirit is as current as yesterday and as

relevant as planetary consciousness in the early twenty-first century.

The committee has adopted a practice when we meet, of asking how Jung shows up in life - what are the

synchronicities, the supports, the relationships? Where the are creative directions into deep imagination? How does being present allow more to develop and speak? What are dreams revealing to you and how is this shared? From such an enquiry - Bill Rockloff's fine relational poem (below).

Shortly after Laurence Browne's presentation on the Flammarion Woodcut, a bronze sky of moons and stars showed up decorating a doorway in a dream of my own, which was pretty exciting! And after Peter Fisher's personal and resourceful talk on dreams I came across this extraordinary and somewhat forgotten story written

Mireille by Juchau in The New Yorker entitled "How Dreams Change Under Authoritarianism". (https:// www. newyorker. com/books/ second-read/ how-dreams-



(image by Anne di Lauro)

change-under-authoritarian-ism).

I hope you've found your way to the hall at St Mary's over the course of 2019. Little by little we have been working to make it a comfortable space and one where the Society can continue its careful support of the original visions. The committee

will continue to monitor this as time goes along, particularly the quality of sound and holding the sense of intimacy (and perhaps even Temenos) in the space.

This next programme has some surprises and delights as always. The June lecture is coming to us via Skype from Indonesia where Dr Aryani Wrastari has returned to live after her doctoral studies in South Australia. Her intercultural and interfaith look at Individuation can't be more timely for a time when we look into Jung to find support for the changing face of our world

And for the first time we will be offering a workshop for men, and conducted by not one but a small group of men, practically oriented and steeped in application to lived experience.

Dr Paul Gibney returns, with the Trickster archetype already dancing through communication hiccups that were taking place while putting the material together for this newsletter, Joanna Kuwaja is bringing a whole suite of goddesses to feast with us (or on us) in April and we begin the year with the exceptional and

transformative work being done in Family Constellations.

Please come, sit and listen, ask questions and drink deeply of the lectures and conversation. The diverse nature of our Society's membership and experience is a wealth to draw from.

Wishing you all the best,

Kerry Petherbridge.



When Jung Shows Up

When I think of Jung,

I think of a lifetime of books that line uncountable shelf after shelf. His thought arranged letters, words, and strokes of pen and brush; Ideas that sleep in the world's libraries and homes Waiting to be born again into new imaginings in new minds.

When I don't think of Jung,
I know him as a companion who lives in the next room.
I don't know why, but I never enter this particular room in the house.
And yet, his presence is as familiar as a reoccurring dream.

This is Jung, the sherpa;
The guide through the dark mirrors of self, which he himself
Has traversed innumerable times.
Impervious to all but to his feet on the path.

This is Jung, the alchemist.
The patient scientist ever testing his materials.
The conductor of experiments.
Leading to the hope of ten thousand transformations.

This is Jung, the artist on a lake.

Alone with his stone works,

Cutting into eons of mountains, crumbled into rivers and snow

To carve the face of man.

This is the Jung, who knows.

Whose knowing is, at the last, without words.

Without image,

Silent as starlight.

Living in the next room.

William Rockloff
31 08 2019



Healing Through Collective Consciousness

A presentation by Yildiz Sethi

Thursday, February 6th, 2020 7.30 - 9.30pm St Mary's Anglican Church Hall, 455 Main St, Kangaroo Point, Q 4169 Members & Concession \$10; Non-members \$15

Yildiz Sethi offers a presentation on the nature of the mind, consciousness and wellness as proposed by the curiosity and innovations of the original wave of psychoanalytic and psychodynamic giants and how this has developed into the present. She discusses developments in the science, neuroscience, epigenetics and quantum physics that have greatly contributed to where we are now in the new wave of psychotherapy that is available.

Yildiz is the director and practitioner of Family Constellations and deeply involved in utilising Collective Consciousness for therapeutic outcomes for individuals and family. She explores Energy and how the links between the mind, generational mind and collective consciousness are demonstrated in

the process of
Family
Constellations,
showing that we
are all
connected.
Within this she
presents how
collective
consciousness,
known as the
Knowing Field
in Constellation



terms, accesses the generational mind in unlocking trauma, unresolved emotional and psychological baggage, to allow self-healing to take place for individuals and the family system. Yildiz shows the links between neuroscience, epigenetics and quantum physics providing evidence for the healing



nature of energy work through the collective unconscious. Showing how the mind and consciousness operates and has the capacity to heal.



Yildiz Sethi is part Turkish/Cypriot and part English; born in England and came to Australia with her young family in 1986 as a physics and chemistry teacher. At a sensitive point in her life she was introduced to Vedic astrology and her spiritual curiosity was re-awakened. She studied Vedic astrology and became fascinated with karmic cycles. She felt the call to move away from teaching to follow this passion but was torn. After a year of struggle she became sick and decided to listen to her body. She left

teaching to become more engrossed in her Vedic astrology studies.

Through her studies and practice, new questions arose around suffering and Karmic cycles. This led her to become a Master of Counselling in a search to find better and more effective ways of working with consciousness and wellness for deep change and transformation. She became a clinical hypnotherapist, NLP practitioner and Family Constellations practitioner. Later she became an author and the founder of two new psychotherapies - Emotional Mind Integration and Rapid Core Healing. Yildiz has been in private practice since 2000 and continues to learn and grow and assist others through sessions, workshops, training, speaking and writing. Yildiz is the author of three books: Stardust on the Spiritual Path, Be Rich AND Spiritual and Rapid Core Healing.

The Shadow and the Trickster: Alive and Well in Psychotherapy

A presentation by Paul Gibney, PhD

Thursday, March 5th, 2020 7.30 - 9.30pm St Mary's Anglican Church Hall, 455 Main St, Kangaroo Point, Q 4169 Members & Concession \$10; Non-members \$15





In mainstream modern psychotherapy, there seems to have become an emphasis on "positive psychology", "strengths-based practice", "evidence based practice" and "mindfulness". Not to mention therapy that is completed in 6-10 sessions, as the expected format of completion. Darker themes and problematic snares seem to be resolved by cheerful, thoughtful, scientific attitude (if their very existence is acknowledged at all).

This presentation takes the position that the Shadow and the Trickster are lurking in the vicinity of every psychotherapy and every therapy session; and at times, they are lurking with intent. The clinician who practices without some conceptualization of these two powerful archetypes may be, not only naïve, but inadvertently

exposing her or himself to a world of distress. And perhaps, even more alarming, such a clinician might be missing a complexity and richness provided by these archetypes and the dynamics in which they manifest, which can lead to profound and valuable change.

The Shadow and the Trickster will be considered here with regards to their appearance in the client's life, in the therapist's psyche and in the dynamics of the therapeutic interaction. Case snippets and cultural phenomena will be used as illustration. The role of these two archetypes in the current presentation of therapy in our society today will be considered.

PRESENTER

Paul Gibney, Ph.D. is a psychotherapist and family therapist who has been in full-time private practice in Brisbane since 1988. His doctoral thesis (1993) focused on the theoretical relationship between psychoanalysis, systemic therapy, time in therapy, and the matter of context. His theoretical and academic interests and practical contributions to the field have been in the areas of brief therapy, systemic practice, Jungian psychotherapy and psychoanalytic thought. He has a deep interest in 'everyday therapy', and how to apply complex frameworks to the practical demands of the real world. He has consulted and supervised across a wide range of institutional settings.

Paul worked as a psychiatric social worker for a decade in public practice and for ten years held a part-time senior lectureship, teaching Advanced Casework and Family Therapy in the Social Work Department at the University of Queensland. Paul currently provides consultation and professional supervision to agencies providing services in trauma recovery, child health, trans-cultural psychiatry, child protection and residential care. His current research interests are in the areas of professional supervision and developing personal frameworks for practice.

Recovering the Archetype of the Goddess Lost: Ninmah, Inanna, Isis and Mary Magdalene

A presentation by Dr Joanna Kujawa

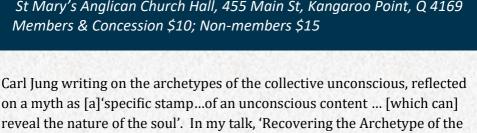
Thursday, April 2nd, 2020 7.30 - 9.30pm

('animus') in our times.

St Mary's Anglican Church Hall, 455 Main St, Kangaroo Point, Q 4169 Members & Concession \$10; Non-members \$15

Goddess Lost: Ninmah, Inanna, Isis and Mary Magdalene' I will discuss the

lineage of goddesses that now reveal themselves to us again as the balancing act of the dance of the feminine ('anima') and masculine



In my research on Mary Magdalene I have found many unusual links to feminine divinities of the past. It is almost as if Mary Magdalene,



throughout the ages, has become a focal point for the lost archetype of the Goddess in her conspicuous absence in our lives.

The stories of the Tree of Life and

the Tree of Knowledge, the Serpent and the Resurrection of the young king in the presence of the Goddess have been previously recounted in Ancient Sumer, Babylon and Egypt with Inanna, Isis, and Asherah at the centre of this archetypical story of the importance of

the Archetype of the Divine Feminine.



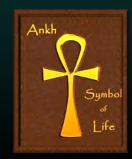
PRESENTER

Dr. Joanna Kujawa is the author of 'Journaling to Manifest the Lost Goddess in Your Life' and 'Jerusalem Diary: Searching for the Tomb and

House of Jesus', and many short stories, essays and academic pieces. She sees herself as a Spiritual Detective who asks difficult questions about spirituality, such as 'Can spirituality and sexuality be experienced as one?', 'Who was the real Mary Magdalene?'' and 'How can we bring back the Divine Feminine to create a more balanced and interconnected world?'

Her goal is to create and participate in the shift in consciousness about spirituality, our connection to nature, and our place in the

Universe. She has a PhD from Monash University, and an MA and BA from the University of Toronto. She is immoderately passionate about her Goddess News blog. You could connect with her via Facebook, Twitter or YouTube.



MEN, MALENESS AND COMMUNITY

THE IMPORTANCE OF AUTHENTIC MALE COMMUNITY FOR PERSONAL AND COMMUNITY HEALTH

A presentation by Rein van de Ruit

Thursday, May 7th 2020 7.30 - 9.30pm St Mary's Anglican Church Hall, 455 Main St, Kangaroo Point, Q 4169 Members & Concession \$10; Non-members \$15

In 1962 the American marine biologist and writer Rachel Carson catalysed the global environmental movement by alerting the world to the environmental impact of fertilizers and pesticides on the world's oceans through her book Silent Spring. This began a wave of interest in the health of the natural world we live in and also in the associated cultural manifestations, particularly the role of women. The modern women's movement followed due to the inextricable link between humans and what Carl Jung often referred to as *anima mundi* or the world soul.

One can say that the earth began to speak through women. Not only through their role in society but also through their approach to relationships with other humans and to the natural world.

When one of a contrasting pair moves, the other also shifts. By the early 1980s men in the United States and to a lesser degree in other English speaking countries began to get together in groups themselves. Some of these, recognising that men have an emotional body needing activation

and containment, incorporated poetry, story and music. The term mythopoetic became popular. This was particularly appropriate, even if mostly misunderstood. It comes from the Greek mythopoeia meaning myth and the making of myth.



The poet Robert Bly, mythologist Michael Meade and the psychologists James Hillman and Robert Moore provided clinical input, particularly from Carl Jung, Mircea Eliade and Joseph Campbell. By the 1990s there were many men's gatherings in this style held all over the country. They became multicultural and including traditional teachers such as Malidoma Some and Martine Prechtel. A strong focus was on the need for healthy male community, essential for teenage boys transitioning into adulthood, as done by initiation in traditional societies.

In Australia the gathering Everyone Standing Up Alive in 1994 near Lismore featured the Kimberley Aboriginal elder David Mowaljarlai. Inspired by him, many men went away to become active in their local communities, often in men's health and wellbeing. Work with teenage boys on camps with fathers and sons became a natural extension of the interest in male initiation, or rather the lack of it in western societies.

Of fundamental importance to Carl Jung was the psychology of religion and spirituality through the use of symbols and mythology. His work was pivotal in this mythopoetic approach to male psychology and



spirituality. Men's work, as it was called, became focused initially on an inner life so that action in society could come from a depth and sustained purpose throughout a man's life. It also came with a knowledge that men's community is essential for males to mature and become response–able members of society.

Rein will be assisted in music, song and poetry by **Stephen Nugent** and **Denis O'Hare**.



PRESENTERS

Born in the northern part of the Netherlands, Rein van de Ruit came to Western Australia at age five, qualified and worked as an Electronic Engineer before completing a postgraduate Social

Work degree in the late 1970's. Several years working with Aboriginal people in the west Kimberley involved community development and also child welfare, especially with teenage boys. Extensive discussions with David Mowaljarlai, a senior Ngarinyin elder, often whilst on field trips, opened him up to the importance of initiation for Aboriginal boys, in fact for all teenage boys.

Rein's life took him to Sydney where he worked as a social worker at Boystown Engadine in southern Sydney before training in Gestalt Psychotherapy. Facing a personal crisis in his life in his late thirties, he discovered the mythopoetic work done in the United States, and, encouraged by Robert Bly, organised a large men's gathering along similar lines in the Blue Mountains in 1992. Facilitated by the group work expertise of Brisbane Gestalt Psychotherapist Yaro Starak, the gathering initiated a regular series of such events and gave significant impetus to the subsequent interest in work with teenage boys.

During the last twenty years Rein has been involved with the west Kimberley Worrora elder Donny Woolagoodja in projects involving the sharing of cultural material and approaches to initiatory change.

Rein has always had a steady interest in Jung over many years and sees much resonance with his own learning from Indigenous teachers. Although now retired and living on the coast near

PRESENTERS (cont)

Bellingen, he continues to provide clinical guidance in this field.

Poetry, story, music and the use of imagery have continued to be part of his teaching repertoire.

Stephen Nugent has a background in martial arts and music, particularly African rhythm and dance.

John Imbrogno's interests are storytelling, poetry and song. He has extensive experience in working with men and with fathers and teenage sons.

Denis O'Hare, poetic by nature, served for ten years in the armed forces followed by ten years permaculture farming in northern NSW.



WORKSHOP

Men Standing on each other's Shoulders - Up or Down?

A workshop for men by **Rein van de Ruit** with assistance from **Stephen Nugent**, **John Imbrogno** and **Denis O'Hare**.

Saturday, May 9th, 2020, 8:45am (registration) to 6pm Venue: To be confirmed

Members/Conc: \$90, Non-members: \$110

Men going through life inevitably find themselves in groups with other men and often this experience is problematic, uneasily laden with tension or vaguely unsatisfying, as though something more enriching has been missed. There may be a hunger for mentoring, intimacy, friendship or the simple, yet tricky process of learning from another, especially older man. Deep down a hunger for blessing may surface and encourage vulnerability, ever so tentatively.



In Australia, often the well-known tall poppy syndrome prevents the nurture and development of initially fragile skills and abilities, the group mentality preferring to pull back any man who wants to shine, thereby confining everyone to mediocrity.

It doesn't have to be this way. For men to stand on each other's shoulders in order to push each other higher is a natural and enlivening necessity right through life. As men grow they

experience new and unfamiliar challenges that need support and assistance from other men. But how to do this? Where to start? Fears and uncertainty abound. Isolation becomes difficult to overcome.

On this day we will look at the effect of the collapse of the mythological world in western societies, leaving men exposed without adequate means to activate and contain the necessary male energies for life. We will learn about depth psychology's approaches to grandiose energies in young males and see how traditional societies incorporated initiation practices into their social and cultural lives.

Learning about the various transferences between men will give a practical application to this exploration of the male psyche.

With open hearted participation, skilled assistance and grace we aim to realise the importance of authentic male community to nurture each other and the wider community.

Music, story, poetry, song, dance and fun will be an integral part of the day so it is recommended that comfortable, loose fitting clothes be worn.

I wish to attend "Men Standing on each other's Shoulders" workshop to be held on 9th May 2020, 8:45am to 6pm

Venue to be confirmed.

Payment (please circle amount): \$90 (Member, concession) \$110 (Non-member)
Payment options: ~ Money order or a cheque made out to: The C.G. Jung Society
of Queensland (enclosed) ~ Post to address below
~ Direct deposit: CG Jung Society of Qld; Commonwealth Bank
BSB: 06 4121 Account number: 10237966 (use own name as ref).

Name:		

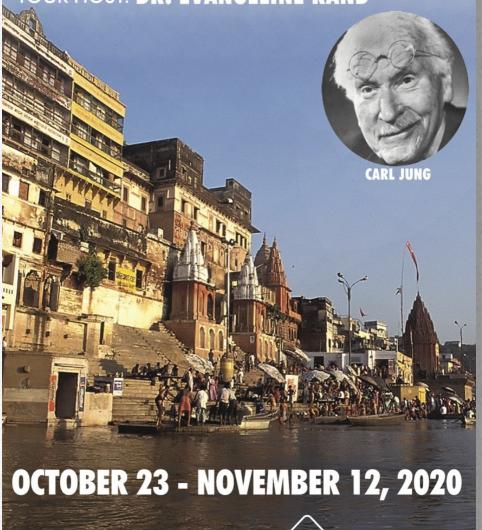
Telephone: Home or mobile.....

To confirm the booking please print and fill in this booking slip and send to:

- C.G. Jung Society of Qld, c/o 3/124 Whitmore St, Taringa, Qld. 4068
- or Pam Blamey: pamelamblamey@gmail.com t. 0401 881 490
- or Kerry Petherbridge: kerrypeth@hotmail.com

TRACING CARL G. JUNG'S FOOTSTEPS IN INDIA

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Doorways to Jung

Talk 5 - Individuating within an Orthodox Religious Life: Case Study on Synchronistic Experience

A presentation by Dr. Aryani Tri Wrastari

Thursday, June 4th 2020 7.30 - 9.30pm St Mary's Anglican Church Hall, 455 Main St, Kangaroo Point, Q 4169 Members & Concession \$10; Non-members \$15

If someone came to Jung who still had a religious life, he would not analyse them but send them back to the priest. Indeed, he taught some so well the true reality of the confessional, that he received a private blessing from the Pope. For Jung knew that individuation occurs when someone takes their religious practice seriously – be that in therapy or in the Church.



This talk will give the findings of a doctoral thesis, showing individuation evidence across a dozen subjects from six different religions. All were selected for their outstanding community and educational work, where they devotedly helped others. Their commitment to endure and

assist others to transform their lives was sustained by each of their varied religious practices and in the process, they themselves were transformed.

They individuated with God at their side.

Among the various categories that emerged in the research data, synchronistic experience was one of the other significant themes that promoted individuation. The intersection with religious practices had made the synchronistic experience of these research participants centered in the idea of the supernatural power in spiritual or religious function. This talk will share the exploration of how synchronistic experiences interplay with religion leading to an impact on individuation.

Dr Wrastari will be making her presentation to us via Skype from East Java where she teaches at the Airlangga University in Surabaya. This is the first time the Society has hosted an international Skype conversation and we hope you will be able to join us for this wonderful opportunity.



Dr. Aryani Tri Wrastari is an academic in Educational Psychology at Airlangga University, Indonesia. She gained her PhD from The University of Adelaide with a research project entitled "Inner Transformation: Exploring the Interrelationship between Transformative Learning and Religiosity among Change Agent Educators in Indonesia".

Aryani's PhD was awarded a Dean's commendation due to the excellent examiner's reports obtained, and Jung

theory was employed as the theoretical framework in her research.

FEB 6TH

Healing Through Collective Consciousness *Yildiz Sethi*

MARCH 5TH

The Shadow and the Trickster: Alive and Well in Psychotherapy *Paul Gibney, Ph.D.*

APRIL 2ND

Recovering the Archetype of the Goddess Lost: Ninmah, Inanna, Isis and Mary Magdalene Dr. Joanna Kujawa

MAY 7TH & 9TH

Men, Maleness and Community

Rein van de Ruit

Workshop

Men Standing on each other's Shoulders - Up or Down?

Rein van de Ruit

JUNE 4TH

Doorways to Jung: Talk 5

Individuating within an Orthodox Religious Life:
Case Study on Synchronistic Experience
Dr. Aryani Tri Wrastari

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