

C. G. JUNG
SOCIETY
OF QUEENSLAND

JUNGIAN TALKS

and workshops for everyone

JULY-DEC 2021 No. 106-107

Jung Society of Queensland | About Us

The C.G. Jung Society of Queensland is committed to furthering awareness of and reflection upon the writings of the psychologist Carl Gustav Jung (1875-1961). The Society promotes an understanding of Jung's work through the exploration of psychological and spiritual applications to the individual journey and interpersonal relationships. This also encompasses a consideration of the ways in which Jung's writings and ideas can contribute to the healing of modern society.



Mandala 105 Liber Novus Carl Jung 1922

Established in 1982, the
Society is a non-profit and
non-professional
association. The Society's
events are attended by
people of all ages and all
walks of life.
Members of the C.G. Jung
Society of Queensland
are entitled to:

- reduced admission fee to monthly presentations and workshops
 - use of our library of Jungian books
 - our semi-annual newsletter
 - dissemination of related material through our contacts.

Annual membership fee (Jan-Dec): \$35; \$25 concession/student/pension; \$50 couples/family; \$12 newsletter only (contact details on back page).

Letter from the President | July 2021

Dear Reader,

Welcome to the programme for the second half of 2021.

We are beginning in *July* with a film screening of Summons of the Soul, with **James Hollis**; an opportunity to hear the thoughts and experience of a life-time living with Jung's work on individuation.

In *August* we will be holding the rescheduled talk from April with **Dr Toula Gordillo**, followed in *September* by **Pam Blamey** with both a lecture and workshop on Fairy Tales and then 'What lies beneath; working with dreams in psychotherapy' in *October* with **Anne di Lauro**.

In *November* we have the sequel to **Laurence Browne**'s exploration into Coincidence in Fiction - Meaningful Coincidence in Fiction and Anecdote - and then in *December*, a miniexhibition and floor talk by **Tanja Stark**, an interactive and fun event to end the year 2021, with all its disruptions, beauty, nuance and deepened human experience.



differently-lit experience, particularly for this topic, as it was easy to fully recognise both being covered by the branches of the graceful trees and also sitting atop their

roots fanning out under the built environment.

The wooden structure of the very building that housed and sheltered us that day, plus its longevity and spaciousness, were all part of the experience. It brought the mythic, the ecologically arboreal, the dream and the archetypes together, all woven with history and the spectrum of participants' reflections. It was Jung.

Following this was the May lecture, presented by **Marie Makinson**, which took us from the contemporary gaze of our political era and the politics of gender, misogyny and patriarchal structure, to the arcane world of astrological Aions and where we find ourselves now in larger cosmological terms, entering more deeply into the invitations and challenges of the Aquarian era, with its call to allow the healing gifts of the Water Bearer through our lives.

Of course Tree is itself a water bearer. Recently I watched the documentary with Judi Dench about her love of and life with trees. At one point, she was given a listening device to place up against the bark of an old arboreal friend. It gave sound to the incredible quantity of water which trees move through their trunks every day; from root to branch to air to the animal kingdom and back again.

A fairly vibrant concert at the River Stage the evening of the May lecture, seemed to be an intruder into the event; indeed it was. But it was also an interesting and integral part of the experience. One member there suggested that it was a Dionysian revelry. And another later sent me a link to the concert artist who was singing, called **Tones and I**. When I looked her up, I found the song "Fly Away" beginning with the words 'I had a dream...'

Here are a couple of apt quotes from illustrious people I've had time to listen to over the last year and who all of this brought back into mind:

From The Way of the Dream

Marion Woodman

"Some people think that dreams are a pile of images, bizarre images, other people find the images numinous, divinely enshrouded, they want to put them into music or poetry or dance and others spend a half an hour a day with their dream journal



trying to understand what the unconscious is telling them about consciousness. They may believe there is a spiritual guide in the dreams because dreams are the language of the soul, the symbol is carrying a spiritual message in the sensual imagery. If we believe that, then the dream becomes the water of life which is what Jung called it. Without that nurturing we are in a desert without water. we are like TS Elliot's people in The Wasteland, headpieces stuffed with straw, the unconscious unable to contact consciousness."

And from the Introduction to Trauma and Beyond: The Mystery of Transformation by Ursula Wirtz:

"Who would have thought of this! The darkness brings forth light,
The something comes from naught, death does engender life."
—Angelus Silesius, The Cherubinic Wanderer

When Nancy Cater and Murray Stein first entrusted me with the challenge of being fourth on the list of authors and lecturers for the Zürich Lecture Series (ZLS)—note their number four!—my initial reaction was to refuse. I turned to the I Ching for advice, and the answer I received was so paradoxical that I needed the silence of a Zen *sesshin* to come to a decision. Ultimately, I surrendered and accepted the challenge but not without trepidation at the nigredo that I would undoubtedly have to face, delving deep into narratives of stagnation, alienation, and hopelessness. For it was clear to me that my creative process in writing this book would mirror the traumatic theme with which I was dealing.

Writing this book has not been a linear or Apollonian process. The dark, archetypal powers of Dionysian dismemberment have activated my complex relation to the topic of trauma and hovered over certain phases of this work. In the discourse of quantum physics, there is no such thing as a detached observer; rather, as the observer, I form a unity with the thing I observe. My way of understanding and practicing trauma therapy is therefore shaped in important ways by the subjective factor, by how I became the person I am."

Thank you for your participation in the Society, in whichever shape and form that is. Willing hearts, inquiring selves and receptive ears are always appreciated. It is this which brings the work alive to the world in the present.

Kerry Petherbridge.

Summons of the Soul

A deepened conversation about the meaning of your life



James Hollis Ph.D.

World renowned Jungian psychoanalyst, James Hollis, explores what it means to escape the orbit of one's background and cultural conditioning in order to express one's own uniqueness. In this long interview about the true nature of personal growth and change James shares some of the transformational experiences and milestones

from his own life. He is the author of 16 books that cover the whole range of human existence from relationships, to mid-life crises, spirituality and personal growth.

July event 2021 postponed due to lockdown new viewing timing to be advised. St Mary's Anglican Church Hall, 455 Main St, Kangaroo Point, Q 4169 Event by donation

Psychology and Spirituality in Young People

A presentation by Dr Toula Gordillo

Thursday, August 5th, 2021 7.30 - 9.30pm, St Mary's Anglican Church Hall, 455 Main St, Kangaroo Point, Q 4169 Members & Conc.\$10; Non-members \$15



Suicide is the leading cause of death among young Australians aged 15 to 24. Even more

disturbing, these figures continue to rise. The solution? Jung would propose a return to ancient wisdom. That is, the use of ancestral knowledge traditions that highlight the importance of connections to Self, Spirit and Nature. How can this be achieved? In therapy, mythos can be used to reframe logos—mythological stories and creative imagery can help young people to make meaning from their suffering like Sisyphus, or learn the importance of balance like Icarus. Archetypal symbols can also help youth feel connected to something greater than themselves, and their immediate problem or issue.

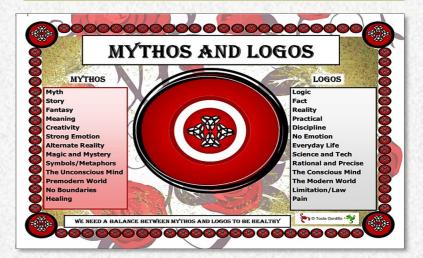
Spirituality means different things to different people. For Jung, it is about religious and non-religious experiences that help an individual connect with their spiritual selves through quiet reflection: time in nature, private prayer, yoga, mindfulness and meditation, music, dance or art. Jung was against dogma in all its forms. Yet he understood that spirituality is essential for individuation. In young people's increasingly fast-paced, mediated and technologically advanced world, it is vital.

This seminar is about the *practical application* of Jungian psychology and psychotherapy to improve the lives of young people. In particular, how Dr Gordillo uses Story Image Therapy (SIT for short) in daily practice to facilitate young people's spiritual, emotional and psychological growth. Emerging research shows that spiritually integrated approaches to treatment can be effective. Moreover, there are

scientifically-supported reasons to be sensitive to spiritual practice in clinical work and counselling. Unlike other life dimensions, spirituality has a unique focus on the sacred—themes of transcendence, individuation, meaning-making and connectedness. Any psychology that overlooks these, according to Toula, remains incomplete. Asking young people about their spiritual views can open the door to deeper conversations. And it is through this dialogue with the personal and collective unconscious that young people can transcend their suffering, like the phoenix rising from ash, to attain their highest potential.

Two images that best represent the topic:

A) Two Knowledge Systems



B) Vital Connections



Presenter | Dr Toula Gordillo

Dr Toula Gordillo is a practicing Clinical psychologist and Jungian psychotherapist in busy medical centres on Australia's Sunshine Coast. She is also a former school teacher, guidance officer intensive behaviour support and acting head of student services in some of Queensland's largest state high schools. As an international guest speaker, Toula has engaged school staff, students and parents in learning the importance of ancient stories and images for health and wellness at Wakatipu State College, New Zealand and Cambridge College, India.

Dr Gordillo is a published author of numerous academic and non-academic journals, magazines and books including: Youth Voice Journal, Viewpoint, The Artifice, Immanence - Journal of Applied Myth, Story and Folklore and Cambridge Scholars Publishing. She has been a guest speaker for the Sunshine Coast's Australian Broadcasting Commission (ABC) and has presented at seminars and conferences including: the Narrative, Health and Wellbeing Research Conference presented by Central Queensland University, Children's Media Symposium hosted by the University of the Sunshine Coast and the International Mental Health Conference presented by the Australia and New Zealand Mental Health Association.

Toula is a member of the CG Jung Society of Queensland, the International Depth Psychology Alliance, the Australian Society of Authors, The Queensland Writer's Centre and the Australian Child & Adolescent Trauma, Loss and Grief Network (ACATLGN).



Dr Gordillo is the author and creator of Story Image Therapy (SIT)®, Talk to Teens and The Mythic Toolbox.

Fairy Tales are not just for children!

A presentation by Pam Blamey

Thursday, September 2nd, 2021 7.30 - 9.30pm, St Mary's Anglican Church Hall, 455 Main St, Kangaroo Point, Q 4169 Members & Conc.\$10; Non-members \$15

There are tales for every age and stage of life. Just as dreams help us uncover what's going on in the personal unconscious, fairy tales, or traditional stories, open up both the personal and collective unconscious to exploration and discovery. Jung's life-long collaborator, Marie Louise von Franz is a fountain of wisdom and knowledge on fairy tales and the author of many books on the subject. These stories are rich in symbolism and metaphor, so useful for horizon-expansion and self-reflection.



SEPTEMBER WORKSHOP

Inside a Fairytale...

led by Pam Blamey

How would you like to spend a slow day deeply reflecting on one fairy tale, a tale full of rich symbolism that speaks to men and women?

The tale I have chosen is The Nixie in the Millpond (Grimm, No 181). We

will take as much time as we need to delve deeply into the psychology, sociology and lore of this not so familiar fairy tale, using visualisation, amplification, reflective journaling and art materials. It'll be like panning for inner gold.

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Image: Ali Shaw (by kind permission of the artist).

Saturday, September 4th, 2021, 9:30am to 4pm

Venue: St Mary's Anglican Church Hall, 455 Main St, Kangaroo Point, Q 4169

Members/Conc: \$90, Non-members: \$110 Fill out form overleaf if you wish to attend.

Presenter | Pam Blamey



(photo by Suzanne Cremen)

Pam Blamey is a retired counsellor, art therapist and storyteller. She has presented several times to the Jung Society in Brisbane, and also in Melbourne and Swansea, Wales. She has recently completed on-line courses on fairy tales with Depth Psychology

Alliance and The Assisi Institute. Pam is keen to share her knowledge and passion for stories with you again.

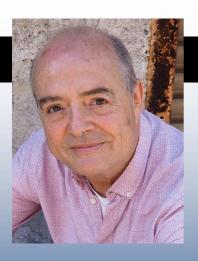
I wish to attend the *workshop* to be held on 4th September 2021, St Mary's Anglican Church Hall, 455 Main St, Kangaroo Point, Q 4169

Payment (please circle amount): \$90 (Member, concession) \$110 (Non-member)
Payment options: ~ Money order or a cheque made out to: The C.G. Jung Society
of Queensland (enclosed) ~ Post to address below
~ Direct deposit: CG Jung Society of Qld; Bank Australia
BSB: 313140 Account No: 12303539 (use own name as ref).

Name:	
Email:	
Telephone: Home or mobile	

To confirm the booking please fill in or email the details of this booking slip to:

C.G. Jung Society of Qld - president@jungqld.com Address: c/- 222 Shore St Nth, Cleveland, 4163 Contact: Kerry Petherbridge: 0415837275



Embodied Imagination® Training

Join this comprehensive and in-depth training in Embodied Imagination® a therapeutic and creative method of working with dreams, memories, health issues and creative processes.

Offered by the International Society for Embodied Imagination®, Australia.

UPDATE - In our last newsletter, we advertised the next training course in Embodied Imagination Dreamwork with Robert Bosnak beginning in July 2021. This is a three-year course involving two four-day intensives a year to be held in either Melbourne or Sydney. Because of current covid-related risks attached to planning inter-state travel, the first intensive will be held via Zoom over two weekends:

- 31st July—1 August &
- 8th—9th August

For more information contact
Jennifer Hume at: jenniferhume@iinet.net.au
or visit the website
www.embodiedimagination.com.au

What lies beneath:

working with dreams in psychotherapy

A presentation by Anne di Lauro

Thursday, October 7th, 2021 7.30 - 9.30pm, St Mary's Anglican Church Hall, 455 Main St, Kangaroo Point, Q 4169 Members & Concession \$10; Non-members \$15

Although originally conceived as a talk directed to psychotherapists, this talk will be of interest to anyone wanting to work with their dreams. No-one can doubt that the part of our minds of which we are conscious is only a small part of the richness of the psyche. Working with dreams gives us a larger sense of self and provides a direct path to what is unconsciously influencing the issues presented in psychotherapy. Dreams also mark points of transformation and indicate the way to individuation and ultimate healing.



This talk will be a practical guide to working with your clients' dreams. We shall look at dream work in relation to C.G. Jung's theories, as well as Robert Bosnak's Embodied Imagination method of dream work, and illustrate the application of these approaches with case studies.

Participants will receive a list of useful questions to help in the exploration of dreams.

Presenter | Anne di Lauro

Australian by birth, **Anne Di Lauro** spent 32 years living overseas, working in library and information sciences for international organisations in Italy, Geneva, Paris and New York, as well as for national institutions in the UK and Canada. She has been studying Jungian psychology for many decades and became particularly interested in dream work when she encountered Robert Bosnak's Embodied Imagination method. She undertook a three-year training with him and became a certified "Embodied Dream Imagery Psychotherapist".

On her return to Australia, Anne obtained a Master of Counselling degree from Queensland University of Technology



and combined this qualification with her extensive knowledge and experience of Jungian psychology to enter private practice as a Jungian-oriented psychotherapist in Brisbane. She retired at the end of 2018. Anne was on the committee of the C.G. Jung Society of Queensland for 15 years, including a period as president. She has given lectures to our Society on a variety of subjects including *Pinocchio and the Hero's Journey, James Hillman and the Renaissance, Alchemy, Marie-Louise von Franz, Jung and the East, Jung and Pauli,* and, most recently, *The Nature of the Psyche according to Jung.*

Meaningful Coincidence in Fiction and Anecdote

A presentation by Laurence Browne

Thursday, November 4th, 2021 7.30 - 9.30pm, St Mary's Anglican Church Hall, 455 Main St, Kangaroo Point, Q 4169 Members & Concession \$10; Non-members \$15

While coincidences in fiction are everywhere, especially in how storylines are constructed, they are less common when it comes to depicting the potentially life-changing experiences of synchronicity, the term coined by C. G. Jung for meaningful coincidences. One author, however, who made regular use of synchronistic events in his work was the popular novelist and

short story writer Paul Gallico, and examples from his stories will be given in this presentation. Juxtaposed against meaningful coincidences in fiction are those to be found in anecdotes arising out of actual events. These are generally short depictions which, unlike much of fiction, get straight to the point and can be very striking indeed. It is perhaps unfair to compare the two genres as they are distinct, though not entirely so—especially when it comes to the short stories of Isaac Bashevis Singer, many of which seem to dwell at the intersection of the two.



Pepino and his donkey visiting the tomb of St Francis of Assisi. (Illustration from The Small Miracle by Paul Gallico)



Also mentioned in this talk is the 'trickster' figure, found the world over in myths and legends.

Synchronistic events commonly have a trickster quality about them: a shock of the unexpected and a revelation of direct insight in the face of paradox. One fascinating example is Eshu, a trickster deity from the Yoruba of West Africa, who is described by Robert Pelton, author of The Trickster in West Africa, as 'pure synchronicity'.

Figure of deity Eshu, Yoruba, Nigeria, end of 19th century Staatliches Museum für Völkerkunde München, Germany

Presenter | Laurence Browne

Laurence Browne has a PhD in Philosophy from the University of Queensland, where he is an Honorary Research Fellow within the School of Historical and Philosophical Inquiry. He is the author of *The Many Faces of Coincidence*, published in 2017 by Imprint Academic, Exeter, U.K.



Suburban Gothic and the Sublime Divine:

Art exhibition and floor talk

Presented by Tanja Stark

Thursday, December 2nd, 2021 7.30 - 9.30pm, St Mary's Anglican Church Hall, 455 Main St, Kangaroo Point, Q 4169 Members & Concession \$10; Non-members \$15

"Often the hands will solve a mystery that the intellect has struggled with in vain." C.G. Jung

Artist **Tanja Stark** will host an interactive conversation spiralling around the archetypal symbolism and themes that have emerged in both the form and the processes around her art practice. Across a range of media,

including clay, bark, and metal, her iconography explores the mysterious dimensions of the psyche, and the dynamic interplay between the destructive and creative, the visceral and cerebral, and the numinous. Jung believed the recurring mythopoeic symbolism, imagery and narratives found across cultures in art, myth and religion drew from the powerful energies of the collective unconscious. Manifesting through dreams, visions, art, intuitions, spiritual experiences and synchronicities, active attention to these expressions could



provide pathways to greater integration and wholeness, while unhealthy repression, denial or unbalanced inflation of unconscious energies could result in pathology, illness and psychological disintegration. Artists, he felt, had a particularly unique and complex role in this process. "Every creative person... is a duality or a synthesis of contradictory aptitudes... Art is a kind of innate drive that seizes a human being and makes him its instrument... There are hardly any exceptions to the rule that a person must pay dearly for the divine gift of the creative fire" C.G. Jung.

This evening offers an opportunities to playfully explore some of the curious and synchronistic stories around the creation of Tanja's work, and some broader ideas around the role of the arts in culture, in a relaxed end of year celebration.



Presenter | Tanja Stark

Tanja Stark is intrigued by interplay between the arts, psychology, philosophy, and spirituality.

She has worked as a social worker and counsellor, in research, writing and the arts and is a contributing author to books on contemporary

culture and creativity by Routledge and Bloomsbury Press. She maintains fulltime art practice from her studio in Brisbane's western suburbs.



AUG 5TH

Psychology and Spirituality in Young People Dr. Toula Gordillo

SEPT 2ND

Fairytales are not just for Children! Pam Blamey

SEPT 4TH

"Inside the Fairytale" **Workshop** *Pam Blamey*

What lies beneath: working with dreams in psychotherapy Anne di Lauro

NOV 4TH

Meaningful Coincidence and Anecdote in Fiction Laurence Browne

DEC 2ND

Suburban Gothic and the Sublime Divine Tanja Stark

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