



C. G. JUNG
SOCIETY
OF QUEENSLAND

JUNGIAN TALKS

and workshops for everyone

FEB - JUNE 2021 No. 104-105

Jung Society of Queensland | About Us

The C.G. Jung Society of Queensland is committed to furthering awareness of and reflection upon the writings of the psychologist Carl Gustav Jung (1875-1961). The Society promotes an understanding of Jung's work through the exploration of psychological and spiritual applications to the individual journey and interpersonal relationships. This also encompasses a consideration of the ways in which Jung's writings and ideas can contribute to the healing of modern society.



*The Tree of Life
Carl Jung's Red Book
1922*

Established in 1982, the Society is a non-profit and non-professional association. The Society's events are attended by people of all ages and all walks of life. Members of the C.G. Jung Society of Queensland are entitled to:

- *reduced admission fee to monthly presentations and workshops*
 - *use of our library of Jungian books*
 - *our semi-annual newsletter*
- *dissemination of related material through our contacts.*

*Annual membership fee (Jan-Dec): \$35; \$25 concession/student/pension;
\$50 couples/family; \$12 newsletter only (contact details on back page).*

Letter from the President | Feb 2021

Dear Reader,

In February we are restarting with a slightly different night; partly to ease gently into the new beginning, with an acknowledgement that speakers from here and there may still be affected and partly to give space for a more participatory evening. Starting a little earlier at 7.15, there will be a short talk followed by an hour of embodied imagination, conversation and mandala-making. The AGM will be held at 9pm after a supper break and for anyone wishing to stay on but not attend the AGM, a short film will be screened on dispelling the myths around Jung and Freud.

In March, **Laurence Browne** will be speaking for us again with *Coincidence in Fiction*, and in April with her first presentation for the Society, **Dr Toulia Gordillo** on *Psychology and Spirituality in Young People*. Our May presenters have had to cancel due to difficulties with Covid arrangements and so this event will be notified at a later date. **Lois Whiteman** returns for a talk in June with *Jung and Yoga: Exploring the interface of Jungian conceptualisation and the eastern teachings and practice of yoga*.

This year sees the departure from the Committee of four key people, **Peter Fisher, Pam Blamey, Bill Rockloff** and **Diane Rockloff**, each of whom has made an immeasurable contribution to the ongoing work of the Society and who some of you will know well. Their last AGM in the committee will meet with big hand claps and well-wishes.

Having written a good amount in Society emails over the course of 2020, I write only briefly now, with the hope that Jung's work itself has brought your life some comforts, insights and friendship with Self and Other during these epochal shifts in our world.

I leave you with a poem (overleaf) which arose from a recent study of the poetry of Mary Oliver and which revealed to me as I wrote it, a shift in focus - an invitation to the more profound mythic life which accompanied it. Wishing you all the best,

Kerry Petherbridge.



INFINITY

after Mary Oliver

the star is not the night sky
it isn't even the first glimmer of the night sky
but the star wants to brighten, like a lamplight
it knows that much

it wants to die brightly
like the eyes of a little mother
so that you might step outside and be born and renewed
and less your grief than a child of Aphrodite

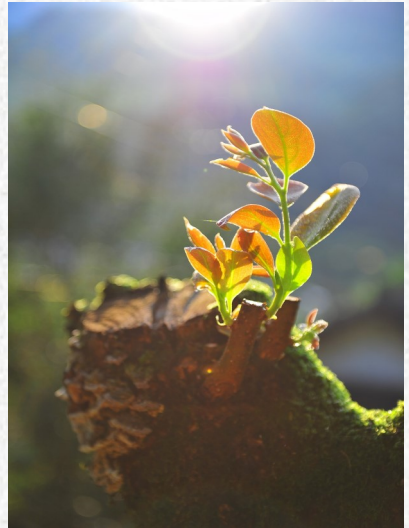
Kerry Petherbridge



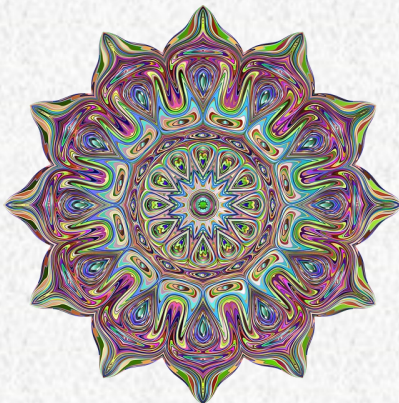
February Event | Welcome Back

Thursday, February 4th, 2021
7.15 - 9:30pm (note the early start)
St Mary's Anglican Church Hall,
455 Main St, Kangaroo Point, Q 4169
Entry - \$5

(If you are renewing or beginning a membership please come with enough time to allow registration at the door.)



Welcome back friends! A rather different night to restart our programme, beginning with *An Occasional News and Weather Report* from the **President** about where we find ourselves, followed at 7.30pm by a Music and Imagery session for mandala-making/drawing and musing with **Gail Godfrey**. This is to allow for greater participation at this time when we each are bringing with us the story of 2020 into our Jungian focus. Gail is an Internationally awarded music educator and is a *Registered Guided Imagery and Music Therapist (RGIMT)* and a *Fellow of the Association for Music and Imagery (FAMI)*. She also holds a *Bachelor of Human Services (B.HuServ)*, *Bachelor of Theology (B.Th)*, *Masters of Education (M.Ed)* and a *T.Mus.A.* Her multidisciplinary approach combines to broaden and enrich her service to people of all ages and backgrounds.



After supper we will be holding our **Annual General Meeting** at 9pm and for anyone wishing to stay on and not attend the AGM, there will be a screening of a light yet purposeful talk on the demystifying of the relationship between Jung and Freud.

Coincidence in Fiction and Literature

A presentation by **Laurence Browne**

Thursday, March 4th, 2021

7.30 - 9.30pm,

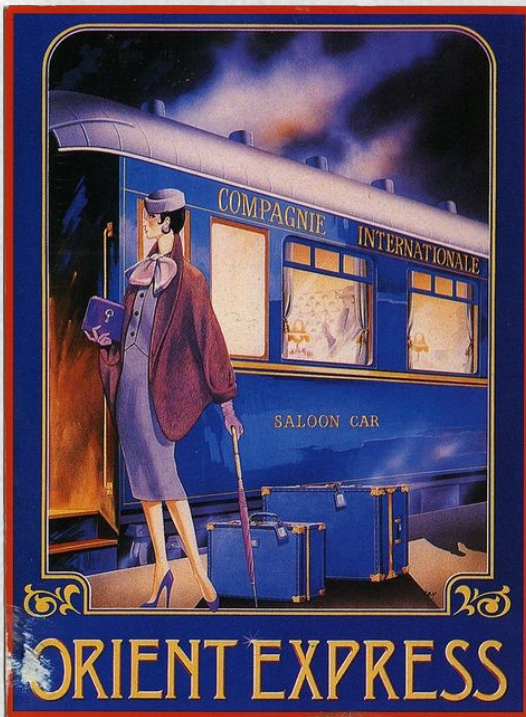
St Mary's Anglican Church Hall,

455 Main St, Kangaroo Point, Q 4169

Members & Concession \$10; Non-members \$15

There are many books out there on coincidences, as well as a number of theories as to what they might or might not mean, from the law of very large numbers to Jung's hypothesis of synchronicity. Considerably less, however, has been written about the many ways in which coincidence manifests in fiction. There have been very different literary attitudes to coincidence over time, and one can trace its evolution from the fatalism of Ancient Greece to the 'providential tradition' of the Victorian era, where the good are rewarded with positive coincidences and outcomes as visible signs of God's approval. This approach has largely been dispensed with since the advent of widespread secularism in the 20th century. However, the use of coincidences by authors of all types of fiction has continued unabated.

Indeed, there is a Chinese saying, 'no coincidence, no story', and one of the aims of this presentation is to examine just how close to the mark this is. While the material available for coincidence analysis is far vaster than the very few examples that can be covered in the time allotted, by the end of the presentation the



extent to which coincidences are used in fiction should become clear. What all this points to is that just as coincidences are an integral part of the fabric of everyday life, so too are they an integral part of the fabric of fiction.

Presenter | Laurence Browne

Laurence Browne has a PhD in Philosophy from the University of Queensland, where he is an Honorary Research Fellow within the School of Historical and Philosophical Inquiry. He is the author of ***The Many Faces of Coincidence***, published in 2017 by Imprint Academic, Exeter, U.K.



Psychology and Spirituality in Young People

A presentation by Dr Toulia Gordillo

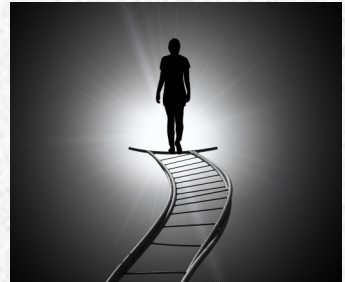
Thursday, April 8th, 2021

7.30 - 9.30pm,

St Mary's Anglican Church Hall,

455 Main St, Kangaroo Point, Q 4169

Members & Conc.\$10; Non-members \$15



Suicide is the leading cause of death among young Australians aged 15 to 24. Even more disturbing, these figures continue to rise. The solution? Jung would propose a return to ancient wisdom. That is, the use of ancestral knowledge traditions that highlight the importance of connections to Self, Spirit and Nature. How can this be achieved? In therapy, mythos can be used to reframe logos—mythological stories and creative imagery can help young people to make meaning from their suffering like Sisyphus, or learn the importance of balance like Icarus. Archetypal symbols can also help youth feel connected to something greater than themselves, and their immediate problem or issue.

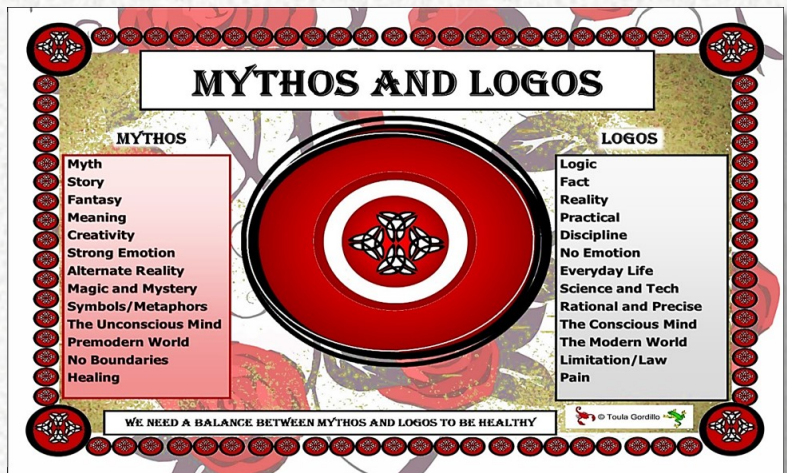
Spirituality means different things to different people. For Jung, it is about religious and non-religious experiences that help an individual connect with their spiritual selves through quiet reflection: time in nature, private prayer, yoga, mindfulness and meditation, music, dance or art. Jung was against dogma in all its forms. Yet he understood that spirituality is essential for individuation. In young people's increasingly fast-paced, mediated and technologically advanced world, it is vital.

This seminar is about the *practical application* of Jungian psychology and psychotherapy to improve the lives of young people. In particular, how Dr Gordillo uses Story Image Therapy (SIT for short) in daily practice to facilitate young people's spiritual, emotional and psychological growth. Emerging research shows that spiritually integrated approaches to treatment can be effective. Moreover, there are

scientifically-supported reasons to be sensitive to spiritual practice in clinical work and counselling. Unlike other life dimensions, spirituality has a unique focus on the sacred—themes of transcendence, individuation, meaning-making and connectedness. Any psychology that overlooks these, according to Toula, remains incomplete. Asking young people about their spiritual views can open the door to deeper conversations. And it is through this dialogue with the personal and collective unconscious that young people can transcend their suffering, like the phoenix rising from ash, to attain their highest potential.

Two images that best represent the topic:

A) Two Knowledge Systems



B) Vital Connections



Presenter | Dr Toulia Gordillo

Dr Toulia Gordillo is a practicing Clinical psychologist and Jungian psychotherapist in busy medical centres on Australia's Sunshine Coast. She is also a former school teacher, guidance officer intensive behaviour support and acting head of student services in some of Queensland's largest state high schools. As an international guest speaker, Toulia has engaged school staff, students and parents in learning the importance of ancient stories and images for health and wellness at Wakatipu State College, New Zealand and Cambridge College, India.

Dr Gordillo is a published author of numerous academic and non-academic journals, magazines and books including: Youth Voice Journal, Viewpoint, The Artifice, Immanence - Journal of Applied Myth, Story and Folklore and Cambridge Scholars Publishing. She has been a guest speaker for the Sunshine Coast's Australian Broadcasting Commission (ABC) and has presented at seminars and conferences including: the Narrative, Health and Wellbeing Research Conference presented by Central Queensland University, Children's Media Symposium hosted by the University of the Sunshine Coast and the International Mental Health Conference presented by the Australia and New Zealand Mental Health Association.

Toulia is a member of the CG Jung Society of Queensland, the International Depth Psychology Alliance, the Australian Society of Authors, The Queensland Writer's Centre and the Australian Child & Adolescent Trauma, Loss and Grief Network (ACATLGN).

Dr Gordillo is the author and creator of
Story Image Therapy (SIT)[®],
Talk to Teens and
The Mythic Toolbox.



Jung Society of Qld Committee | Changes

A sea change has been moving through the committee during 2020 and four long-standing members are stepping down from their tasks and roles.

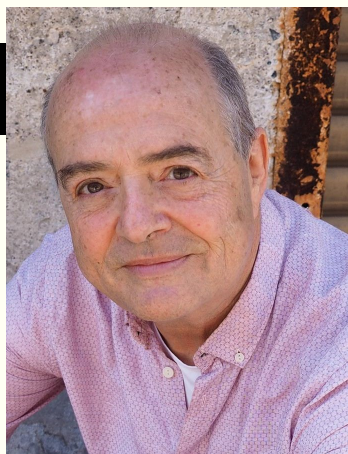
Peter Fisher has been the anchor in speaker and event coordination since joining the Society, capably riding the crests and troughs of this position with care and humour. His deep interest for dreamwork continues, alongside his love of surfing, Tai Chi and semi-rural life on the Sunshine Coast.

Bill and Diane Rockloff's soulful and experienced presence in the committee and their willingness to keep our supper and workshop lunch tables stocked has provided a deep sense of calm-abiding. Between them, they have gifted much, both materially and in knowing-guidance, during their many years on the committee.

Pam Blamey has combined her passion for Fairy Tales and Story with the Society on many occasions and has held this particular aspect of Jungian work for others to share in, while acting as Secretary for the committee for many years. Pam has also shared her own words here:

"There's nothing so certain as change, and for me the personal changes of turning seventy, and the global changes of the Climate Emergency and Covid-19 have led to my decision to step down as Secretary of the Queensland Jung Society. After serving eleven years under three presidents: Suzanne Cremen, Marie Makinson and Kerry Petherbridge, it is certainly a wrench and I thank all the committee members I have worked with over this time. As enriching as the whole experience has been, I think it is time to hang up my hat and pass the baton to others. Being on the committee is a wonderful way of learning about Jung from different perspectives, and contributing to the furtherance of his work, so needed in today's world. I hope that more people will put their hands up to contribute to the Society with as much passion as I have."





Embodied Imagination® Training

Join this comprehensive and in-depth training in Embodied Imagination® a therapeutic and creative method of working with dreams, memories, health issues and creative processes.

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A unique opportunity to study the cutting-edge of working with dreams, memories and health issues with Robert Bosnak and other certified Australian and international Embodied Imagination® practitioners.

This three-year training is held partly online with two, 4 day residential intensives per year alternating between Melbourne and Sydney. Trainees will learn the craft of Embodied Imagination® through supervised experiential practice, theoretical webinars, personal dreamwork sessions and face-to-face trainings (COVID permitting).

Next intake July 2021

For more information contact

Jennifer Hume at: jenniferhume@iinet.net.au

or visit our website

www.embodiedimagination.com.au

MAY TALK & WORKSHOP

Sat 1st May - *workshop* by **Suzanne Cremen**

Thurs 6th May - *talk* by **Marie Makinson**

(See online Events Page for more details)



Your sacred space is where
you can find yourself again
and again.

~ *Joseph Campbell*

I wish to attend the **workshop** to be held on 1st May 2021,
St Mary's Anglican Church Hall,
455 Main St, Kangaroo Point, Q 4169

Payment (please circle amount): \$90 (Member, concession) \$110 (Non-member)
Payment options: ~ Money order or a cheque made out to: The C.G. Jung Society
of Queensland (enclosed) ~ Post to address below
~ Direct deposit: CG Jung Society of Qld; Bank Australia
BSB: 313140 Account No: 12303539 (use own name as ref).

Name:.....

Email:.....

Telephone: Home or mobile.....

To confirm the booking please fill in or email the details of this booking slip to:

C.G. Jung Society of Qld - president@jungqld.com

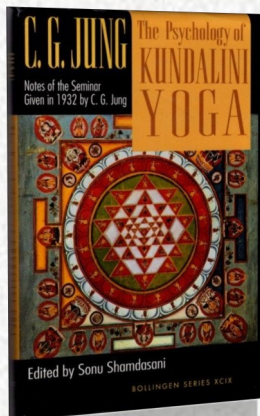
Address: c/- 222 Shore St Nth, Cleveland, 4163

Contact: Kerry Petherbridge: 0415837275

Jung and Yoga

Exploring the interface of Jungian conceptualisation and the eastern teachings and practice of yoga

A presentation by **Lois Whiteman**



Thursday, June 3rd, 2021

7.30 - 9.30pm,

St Mary's Anglican Church Hall,

455 Main St, Kangaroo Point, Q 4169

Members & Concession \$10; Non-members \$15

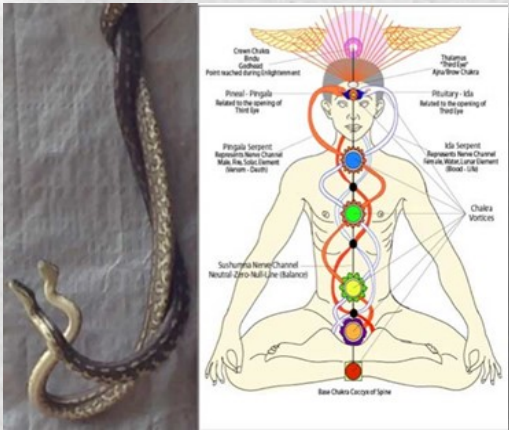
Jung visited, read widely, exchanged lively communication with others and taught on Eastern philosophies and their practices including yoga. This came at a time when the Eastern world views were opening up to the Western world and where an exchange of ideas was not only more possible but where a dynamic interaction of these ideas was set in motion.

Jung studied yogic teachings, visited the Indian teachers of yogic knowledge, and even practiced some yoga techniques, as well as giving strong warnings to the Western world not forget that the cultural psychic context which gave birth to yoga is one that is foreign to the westerner and therefore should not be practiced without this precaution.

In recent decades the practice of yoga has burgeoned in the West. The word yoga is bandied about, even used to sell merchandise. Just what is yoga really? And how does it relate to, complement or parallel Jungian thought?



In this talk I will describe what yoga is; present some of Jung's key thinking on yoga; provide additional material from post Jungians on the topic; note key parallels between some of Jung's and yoga's core ideas with a view to elucidating the richness of drawing on both Jungian and yogic approaches as guides in living a complete life.



Presenter | Lois Whiteman

Lois Whiteman is a social worker with forty years experience providing psychotherapy and support in both agency settings as well as in private practice. Her approach to therapy is strongly influenced by Jung. She is particularly interested in symbology, dreamwork and sandtray.



Lois has practiced yoga since her teens and qualified as a yoga teacher in 2003. She draws on yoga in her therapeutic work as well as teaching community classes and running workshops on aspects of yoga often drawing on Jung's work to create and enhance relevancy of yoga's teachings in the modern western context. For more information please visit her website found at www.loiswhitemanpsychotherapy.com.au.



FEBRUARY 4TH

Māndala-making

Gail Godfrey

AGM

MARCH 4TH

Coincidence in Fiction and Literature

Laurence Browne

APRIL 8TH

Psychology and Spirituality in Young People

Dr. Toula Gordillo

MAY 1ST

Workshop

Dr Suzanne Cremen

MAY 6TH

Marie Makinson

JUNE 3RD

Jung and Yoga: Exploring the
Interface of Jungian
conceptualisation and the
eastern teachings and
practice of yoga
Lois Whiteman

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Kerry Petherbridge: president@jungqld.com 0415 837 275